

Wing Po So

Wing Po So (b. 1985, Hong Kong) creates installations, sculptures, and videos using Chinese medicinal ingredients as artistic materials, excavating the hidden interconnections, patterns, and systems within nature. Her practice is influenced by her formative encounters with traditional Chinese medicine, drawing on its emphasis on a sensitivity and observation towards the living environment, nature and the Universe. So applies the same theory of knowledge in her investigation of forms, materiality, metaphysics, relationality and cosmology.

So's solo exhibitions took place at Para Site (2025) and Tai Kwun Contemporary (2018), among others. She will also take part in the upcoming Seoul Mediacity Biennale (2025). Her work has been exhibited in institutions and biennales, including Para Site (Hong Kong, 2024 & 2020), Hong Kong Museum of Art (Hong Kong, 2024), Ju Ming Museum (New Taipei, 2024), the 13th Taipei Biennial (Taipei, 2023), the 14th Shanghai Biennale (Shanghai, 2023), Pearl Art Museum (Shanghai, 2023), X Museum Triennale (Beijing, 2023), Kathmandu Triennale (Kathmandu, 2022), Art Promotion Office (Hong Kong, 2021), UCCA Center for Contemporary Art (Beijing, 2020), Blindspot Gallery (Hong Kong, 2020), Hong Kong Fringe Club (Hong Kong, 2015) and Hong Kong Cattle Depot Artist Village (Hong Kong, 2013), among others.

So currently lives and works in Hong Kong.

Solo Exhibitions

- 2025 "Polyglot", Blindspot Gallery, Hong Kong
"Take Turns", Para Site, Hong Kong
- 2019 "From the Body to the Body Through the Body", de Sarthe, Hong Kong
- 2018 "Six-Part Practice", Tai Kwun Contemporary, Hong Kong

Group Exhibitions/Projects

- 2025 (Forthcoming) "The 13th Seoul Mediacity Biennale", Seoul Museum of Art, Seoul, South Korea
- 2024 "How to be Happy Together", Para Site, Hong Kong
"Echoes Among Us" - The 8th Shanghai Jing'an International Sculpture Project, Jing'an Sculpture Park, Shanghai, China
"Fāng Wù — Asian Contemporary Sculpture Exhibition", Ju Ming Museum, New Taipei, Taiwan
"Fragrance of Time – In Search of Chinese Art of Scent", Hong Kong Museum of Art, Hong Kong
"Nature: A Perception", HART Haus, Hong Kong

- 2023 "In Praise of Soils", Pearl Art Museum, Shanghai, China
 "Small World" The 13th Taipei Biennial, Taipei Fine Arts Museum, Taipei, Taiwan
 "The 14th Shanghai Biennale: Cosmos Cinema", Power Station of Art, Shanghai, China
 "Hyundai Blue Prize Art+Tech 2023: Metamorphic Ecosphere", Hyundai Motorstudio, Beijing, China
 "X Museum Triennial 2023: Home Is Where the Haunt Is", X Museum, Beijing, China
 "Durian Durian Durian: Regional Art Research as a Methodology", Art Museum of Guangzhou Academy of Fine Arts, Guangzhou, China
 "signals...瞬息", Para Site, Hong Kong
- 2022 "31 Women Artists in Hong Kong", 10 Chancery Lane Gallery, Hong Kong
 "Kathmandu Triennale 2077" Kathmandu Triennale, Patan Museum and Bahadur Shah Baithak, Kathmandu, Nepal
- 2021 "Lamma Mia", Lamma Island, Hong Kong
 "Scent of Soil, Roots of Nidanas", The House of Hong Kong Literature, Hong Kong
 "The ExtraOrdinary Exhibition", Soho House, Hong Kong
- 2020 "The Eighth Huayu Youth Award Exhibition: A Long Hello", UCCA Center for Contemporary Art, Beijing, China
 "The Palm at the End of the Mind", Blindspot Gallery, Hong Kong
 "Holy Mosses", Blindspot Gallery, Hong Kong
 "Garden of Six Seasons", Para Site, Hong Kong
- 2015 "Ghost Walk: The Return", Hong Kong Fringe Club, Hong Kong
- 2013 "Sound of Image: Exploring the Links between Audio Description and Visual Art", Hong Kong Cattle Depot Artist Village, Hong Kong
- 2012 "Seesaw – MA Fine Arts Graduation Show", The Chinese University of Hong Kong, Hong Kong
 "Black Market", Wan Chai Gresson Street, Hong Kong
 "Detour 2012: Hawkerama II", Wan Chai Police Station, Hong Kong
 "Market Forces: Response", Osage Gallery, Hong Kong

Artist Book and publication

- 2021 *Invisible Island*
- 2018 *From Space to Space: An Illustrated Guide to an Infinite Something*